

	Room 1	Room 2	Room 3	Room 4	Pilates Studio	Natural Fitness
Mon 8am 2pm	Physiotherapy DJN Physio £49/30mins		Cranio-Sacral Bowen Technique Doug Hutchings £60/hr £40 for babies		Gyrotonic Georgina Haydon 1 person £60 hr; 2 people £40; 3p £30	Personal & Group Fitness Training Marc Faupel £25 - £70 hr session
	Osteopathy Elizabeth Ferracci £60 45mins £45 30mins 2-5pm Acupuncture Catherine Dyer £70 initial, then £60/hr	Osteopathy Damien Harcourt £75/session	Physiotherapy Allison Swan £75 initial consultation £50 follow up (30mins)	Acupuncture Bella Yagi £70 initial, follow up £60/hr	Pilates Martine McDonell 1 person £65 hr; 2 people £45;	
Tue 8am 2pm	Chiropractic Ken Corbett £110 initial, £50 follow up	Body Energy Carol Bosiger 8pm to 5pm	Osteopathy Claire McKenna £65 initial consultation £60 follow up	Physiotherapy DJN Physio £49/30mins	Pilates Ann Hudson 1 person £60 hr; 2 people £40; 3p £30	Personal & Group Fitness Training Marc Faupel £25 - £70 session
	Osteopathy and Massage Mark Hagan Bsc (Hons) Ost £60 /session	Massage Swedish, Deep, reflexology Tracey Neill £60/hr 5pm to 8pm	Cranio-Sacral Georgina Haydon £60/ hour Osteopathy Tanya Hunt £60/45m (1st Tue month)	Hypnotherapy & NLP Jayke Branson Thom £120 hr, £170 1.5hr		
Wed 8am 2pm	Healing & Life Coaching Tony Selimi £80/hour	Body Energy Carol Bosiger 8am to 6pm	Massage Sports, Remedial Graham Stones £60/hour	Physiotherapy Allison Swan £75 initial consultation £50 follow up (30mins)	Pilates Martine McDonell 1 person £65 hr; 2 people £45; 10am to 9pm	Personal & Group Fitness Training Marc Faupel £25 - £70 session
	Massage Swedish, Deep, reflexology Tracey Neill £60/hr	Facials/Beauty + Japanese Nutrition Yoko Kurokawa 6.15 to 8.45pm Facials £40-£85hr	Cranio-Sacral Kirsten Roberts £60/ hour	Osteopathy Denise Cuddigan £65 initial consultation £60 follow up		
Thu 8am 2pm	Reflexology Rossana Bickerton £70 / 70mins 11am to 2pm	Physiotherapy DJN Physio £49/30mins 8am to 11.30am Nutrition Liliana Trukawka £70 initial £50 follow up 11.30am-2pm		Hypnotherapy & NLP Jayke Branson Thom £120 hr, £170 1.5hr	Gyrotonic/ Pilates Georgina Haydon 1 person £60 hr; 2 people £40; 3p £30	Personal & Group Fitness Training Marc Faupel £25 - £70 session
	Osteopathy Claire McKenna £65 initial consultation £60 follow up	Acupuncture and Massage Katherine Bery Ph: 07748 056 206 £60/ hour	Massage Sports, Remedial Graham Stones £60 / hour			
Fri 8am 2pm		Physiotherapy Allison Swan £75 initial consultation £50 follow up (30mins)			Gyrotonic/ Pilates Georgina Haydon 1 person £60 hr; 2 people £40; 3p £30	Personal & Group Fitness Training Marc Faupel £25 - £70 session
	Shiatsu Massage Dinesh Brahmhatt £60 /hour 2pm-5pm Acupuncture Catherine Dyer £70 initial then £60/hr 5pm – 8pm	Facials/Beauty + Japanese Nutrition Yoko Kurokawa Facials £40-£85hr	Massage Sports, Remedial Graham Stones £60 / hour	Counselling Roberta Crescenzo £60 hr	Pilates Ann Hudson 1 person £60 hr; 2 people £40; 3p £30 2-6pm	
Sat 8am 2pm			Massage Ayurvedic consultation/treatme nt, Holistic, Swedish Geeta Vara BSc, PG Dip 9am to 3pm 1 st session £65 / 60mins then £45 / 30 to 45mins	Hypnotherapy/ Spiritual Counselling Sarah & Robyn 10-1pm 1 st & 3 rd week of month Energy Healing Karen Hope 10-1pm 2 nd & 4 th week of month	Gyrotonic/ Pilates Georgina Haydon 1 person £60 hr; 2 people £40; 3p £30	
	Lomi Lomi Massage Zanna Parkinson £95 / 90 mins Holistic/ Swedish £65/ hr back, neck, shoulders 30min/£35 2-6pm	Reiki Amelia Shehadeh £60/hr 1.00-4pm		Reiki / Colour Reflexology Lynne Clark £60/hour 1-4pm		